

Early Bird Menu

5pm-9pm Monday - Wednesday

5pm-7pm Thursday

2 COURSES €23.00

3 COURSES €28.50

STARTERS

Soup of the Day

Served with Homemade Brown Soda Bread (1,6,8,9,10,11,13)

Spicy Chicken Wings

With Celery Sticks & Homemade Blue Cheese Dressing (1,3,6,9,10,13)

Roasted Beetroot Salad

Peppered Rocket - Orange Candy Walnut - Honey Whipped Goats Cheese Crostini (1,3,6,9,11,13)

Classic Caesar Salad

Crispy Bacon, Garlic Croutons & Shaved Parmesan in a Classic Caesar Dressing (1,3,6,8,9,11,13)

Add chicken (+ €1.00 supplement)

Seafood Chowder

Selection of Fresh & Smoked Fish - Bantry Bay mussels in a herb cream sauce (1,2,4,5,6,9,10,13)

MAINS

The Leap Burger (1,3,6,9,11,13)

8oz Hereford Beef Burger - Smoked Bacon - Dubliner Cheese - Ballymaloe Dressing

Baked Herb Crusted Salmon €4 Supplement (1,4,6,9,10,13)

Slow cooked fennel fondue - dressed watercress - grilled asparagus - citrus beurre blanc

The Leap Steak Sandwich (1,3,6,9,11,13)

6oz Striploin Steak - Villa Manodori Dressed Salad on a Garlic Ciabatta - Blue Cheese Dressing - 3 Peppercorn Cream

Pan Fried Chicken Supreme (1,6,9,10,11,13)

Bacon & Creamed Leek Risotto - Crisp Parma Ham - Parmesan Cheese

10oz Striploin Steak (1,6,10,13)

(€5 Supplement)

Mushroom and caramelized onion compote - crispy onions - hand cut chunky chips - 3 pepper cream

Beer Battered Fish & Chips (1,3,6,10,13)

In a Crispy Beer Batter with Hand Cut Chunky Chips - Tartar Sauce - Mushy Peas

Lemon and Roast Vegetable Tagine (1,6,10,13)

Pickled Vegetable Leaves - Steamed Rice - Crisp Kale - Crispy Onion (1,6,10,13)

Thai Red Chicken Curry (1,2,6,10)

Chicken Breast - Mediterranean Vegetables - Chili & Coconut Thai Red Sauce - Basmati Rice (1,2,3,9,10,11)

DESSERTS

Please ask your Server for Today's Selection of Homemade Desserts

